

HOW TO TELL IF YOU ARE BEING OVERSTIMULATED BY GAMING



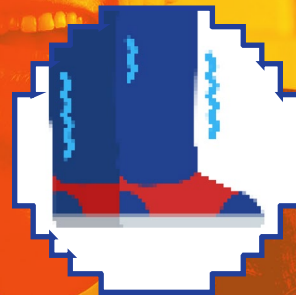
**ARE YOU
FEELING
NAUSEOUS**



**ARE YOU
NOTICING
FEELINGS
OF HYPER-
SEXUALITY?**



**ARE YOUR
MUSCLES
TENSE, IS
YOUR BODY
RIGID?**



**DO YOU
HAVE
RESTLESS
LEGS?**



**DO YOU
HAVE ANY
REPETITIVE
TICS?**

If you have noticed any of these symptoms and they have persisted for over 2 weeks, make sure you talk to someone about them.