

HOW TO TALK ABOUT GAMING

- ▶ **Take an interest in the games being played. Learn about the characters, the missions and the objectives. Chat about what they are doing.**
- ▶ **If you are worried about someone's gaming, inform yourself of all the pros and cons of gaming before speaking to them about it.**
- ▶ **Recognise that gaming has both positive and negative outcomes.**
- ▶ **Come to an agreement about what is reasonable gaming and see if they can abide by that.**

