



Infinity Academies Trust

Ready to learn; Prepared to flourish.

PE and School Sport Annual Plan 2022/23

St Nicholas CE Primary Academy

Infinity Academies Trust

Vision:

At St Nicholas CE Primary Academy, we believe that all pupils should develop physical literacy and possess the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and life-long participation in physical activity and sport.

Our Key Aspirations for 2022/23:

- 1) For the children of St Nicholas CE Primary Academy to access a varied and active PE curriculum, which enables them to develop and enhance their skills in several aspects of PE and Sport.
- 2) To provide opportunity for our children to participate in sporting matches, festivals, development days and tournaments against other schools, in a greater variety of sports.
- 3) To give the children of St Nicholas CE Primary Academy an understanding of how to live a healthy life style.
- 4) To achieve a School Games silver award

Objective:

To achieve self-sustaining improvement in the quality of PE and sport in primary schools and we would expect indicators of such improvement to include:

- A. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles
- B. The profile of PE and sport being raised across the school as a tool for whole school improvement
- C. Increased confidence, knowledge and skills of all staff in teaching PE and sport
- D. Broader experience of a range of sports and activities offered to all pupils
- E. Increased participation in competitive sport
- F. Greater awareness amongst pupils' around health and wellbeing e.g. dangers of obesity, mental health, smoking and other such activities that undermine pupils' health.

Sport Premium Grant

Funding for schools will be calculated by the number of primary aged pupils (between the ages of 5 and 11) as per the annual census. All schools with 17 or more primary aged pupils will receive a lump sum of £16,000 plus a premium of £10 per pupil. Smaller schools will receive £1,000 per pupil.

Total no of primary aged pupils between the ages of 5-11	198
Total amount of Sport Premium Grant received	£17,740.00

Swimming Standards

National curriculum requirements for swimming and water safety	Pupils:
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	September Baseline: 0% April: 15% July after top up Swim: 30%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	September Baseline: 0% April: 15% July after top up Swim: 27%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	September Baseline: 0 April: 0 July after top up Swim: 0
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes. Year 3, 4 ,5 and 6 attend swimming lessons each academic year and those children in Y6 who have not met 25m have top up swimming lessons in summer term as part of our involvement with the Boston School Sports Partnership.

Action Plan

Action	Description	Target Key Stage	Cost	Expected measurable outcome and timescale	Objective	Outcome/ Impact
Extra-Curricular and lunchtime programme Elite Sports Coaching	Wish to deliver a rich and varied extra-curricular programme so that pupils can participate in both new and familiar sports delivered by high quality coaches.	KS1 / KS2	£5,640	How many sessions a week? How many pupils a term?	A, B, D, E, F	There have been 6 (2 sessions, 3 days a week) lunchtime sessions held every week this year. Each class has one session per week. There have been many clubs run over the year, between 4 and 5 every week. They offer the children a chance to take part in their favourite sports and to try new sports too. We have taken part in inter-school leagues this year. They have been: New Age Curling, Archery and Tri-Golf. Each league was made up of different schools in the area and different members of KS2 took turns to compete in the league.

Sports clubs ran throughout the year with PP children being offered placements first. We used lunch clubs to help promote girls in sport and additional opportunities for internal school competitions. Children looked forward to their opportunities to participate in lunch time structured challenges and competitions as well as opportunities provided during lunch and breaktime by playground leaders. Children were involved in archery, tri-golf, basketball, football and new-age curling.

Boston Sports Partnership	Wish to ensure that children can participate in competitive sporting opportunities with other children in the locality building on the skills they have gained both from curriculum and extra-curricular PE. More opportunity to take part in a wide range of sport including inclusive sport.	KS2	£2,400	How many different sporting competitions? What proportion of the KS2 pupils will be involved? Were there any sessions delivered in school?	A, B, D, E, F	Every member of Year 5 and 6 class took part in a Paralympics development day in school. 5 SEND members of Year 6, 5 and 4 took part in a boccia competition. 3 SEND members of Year 4, 5 and 6 took part in a new-age curling competition 18 members of Year 5 and 6 took part in the indoor sports hall athletics event. 18 members of Year 3 and 4 took part in the indoor sports hall athletics event. 8 children from Year 6 and 5 have participated in the Change4Life festival event.
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						8 children from Year 4 and 3 have participated in the Change4Life festival event. 8 Year 5 and 6 children took part in the interschool football competition. 10 Year 3 and 4 children took part in a gymnastics development day. 10 girls from Year 3, 4, 5 and 6 took part in the girls' football development day 10 Year 5 and 6 children took part in a tag rugby development day 10 children from Y3 and 4 took part in a tennis development day. 10 girls from Y5 and 6 took part in a kwik cricket tournament 10 boys from Year 4 and 5
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						took part in a kwik cricket tournament 10 low-confidence children from Year 3, 4 and 5 took part in an ultimate frisbee development day. 10 Year 3 and 4 children took part in a Tri-golf tournament. 20 KS2 children took part in a capture the castle event
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The uptake of competition has improved dramatically over the last year. As a school we have entered competitions throughout the year in rugby, boys' football, girls' football, Tri-golf, athletics, change4life, basketball, gymnastics, dance, orienteering, boccia and goal ball. With these opportunities provided we were able to win multiple competitions as well and improve the awareness of sport and competition across Boston. As a result, we were awarded the gold award by the School Games and nominated for a local award for sports in the community.

Internal Extra – Curricular programme with Staff	Member of staff to offer a range of Extra-Curricular activities to children over the school.	KS1 / KS2	£3,187.25	How many sessions have been run a week? How many children have taken part?	A, B, D, E, F	There have been 3 after-school clubs offered to children every week through the whole academic year. The clubs have included, but not limited to, netball, football and multi-skills. Football has run all year as the children are very enthusiastic about it and
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						many do not have the support of opportunities to take part in a football club outside of school.
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We have offered additional sports clubs to that provided by external coaches who have been running and leading football, dodgeball and netball clubs throughout the year in order to prepare children for the opportunities provided to them to compete and develop. These clubs have lead to the success and achievements in those sporting areas as well as a boost in confidence for the children who attend and helped use achieve the School Games gold award..

CPD offer from ESA for school TAs	Bespoke CPD through training and coaching from ESA coaches for staff TAs	KS1 and KS2	£5,460	Has the quality of PE lessons been improved? Do staff feel more confident teaching PE? Are children more active during PE lessons?	A, B, C, D, F	3 members of staff across KS1 and KS2 have received bespoke training and given the opportunity to work alongside highly trained and quality assessed ESA coaches. The training pathway ran from September until May with trained TAs taking full control independently upon the completion of training in May. Training took place 3 afternoons per week.
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4 members of our TA school staff have received year-round PE delivery CPD provided by Elite sports coaching. This was a graduated development process starting with the TAs receiving CPD to observe and support the delivery coaches, and building up to the TA school staff leading and delivering the sessions with the support of Elite coaches. This has allowed us to develop a highly skilled teaching base including TAs which has helped us achieve the gold award..

Equipment for Curriculum delivery and	Purchasing equipment needed to deliver a high quality and engaging PE	Whole School	£973	Have the resources had an impact?	A, B, C, D, E, F	Storage box bought to hold bicycle helmets to enable
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Extra-Curricular activities	Curriculum and Extra-Curricular programme to all children.			Have the resources been used to deliver the curriculum? Has the school got what it needs to deliver all of the PE Curriculum and to offer a wide range of Extra-Curricular activities?		children to use school stock of scooters and wobble scooters. Purchase of 30 scooters as children told us during pupil voice that this is an activity they would love to be able to access in school. Scooters are used as dojo points rewards.
Equipment was purchased to develop physical activity in a wider perspective and allow children to access exercise without a competitive element. Children have been spending their dojos to secure reward time with the scooters and bikes as well as football time outside and this has been crucial in improving engagement and helped in the acquisition of the gold award.						
Total			£17,660		Balance	£0