

How to make your own playdough

You will need: 2 cups plain flour (all purpose), 2 tablespoons vegetable oil, ½ cup salt, up to 1.5 cups boiling water (adding bit by bit until it feels just right), food colouring (optional – this really can get messy!).

You might also want to use some household items like child-friendly cookie cutters and rolling pins to make shapes with the playdough.

What to do:

1. Mix the flour, salt and oil in a large bowl. If you're using food colouring, add it to the boiling water then pour into the flour mixture.
2. Stir until it forms a sticky dough.
3. Allow it to cool down then take out of the bowl and knead it for a couple of minutes until all of the stickiness has gone.
4. Keep kneading until it's the perfect consistency! If it's still sticky add a little more flour until just right.

If the children want to keep the figures that you make, simply bake in a 250 degree oven for approximately one hour and hey presto, your play dough will harden!