



Disciples Class Week Commencing 27/4/20

Here you will find some suggestions of activities that you can do this week.

Please note: this is not a compulsory list or requirement to complete.



Keeping Active	Being Creative	Family Time
Each day Joe Wicks does P.E. With Joe live on YouTube at 9:00. Each week on Twitter, I post a sports challenge of the week. Follow @Mr_C-Lee and @STNDisciples Have a look at page 2 for some games that you can play this week.	Create a piece of art work and put it in your window. This will make others smile when they see your amazing work. There is a theme for each week: W/C 27th April – Draw a big bright sun to join your rainbow in the window.	Play-Doh challenge. Take it in turns to think something to create out of Play-Doh. Who can make the best model? Or think of something to create out of Play-Doh but don't tell anyone else. Who can guess what it is first. There is a recipe for Play-Doh on page 3.
RE and Mindfulness	English	Maths
Continue with your gratitude journals. What 3 things are you grateful for each day this week? Our R.E. question for this term is 'Why do Christians call the day Jesus died, Good Friday?' Can you record your ideas before we start to research the question? Cosmic Yoga - Why not try some calming yoga videos to serve as an addition to your Joe Wicks workout? https://www.youtube.com/user/CosmicKidsYoga	Over the next few weeks we are going to be looking at recounts. Recounts are a piece of writing that tells the reader what has happened. The specific type of recount we will be looking at is a Diary. Now that you have read an example and found the features of a diary entry, can you plan your own? You will find the planning frame in the Resources folder. You could do it for a day during Lockdown so you can remember it in the future.	This week we will be working on Summer Term week 2 on the White Rose Maths website. The resources for this (including video tutorials) can be found here https://whiterosemaths.com/homelearning/year-3/
Reading	Spelling	Topic
Think about a book that you have recently read, or read a new book. Can you describe how you think the character's feelings change over the story? Think about how they feel and what might have made them feel like that. You will need to use the retrieve and infer viper skills for this question.	Spelling Rule 2 – The I sound spelt y elsewhere that at the end of the word. For example gym and myth. https://spellingframe.co.uk/ Follow the link above and click on Year 3/4. By clicking on spelling tiles you can play games for this learning. Remember there are more spelling games on the 'Home Learning General Links'.	This term our new topic is 'Predator'. After learning about Predators and Prey last week, this week we are going to be looking at food chains. By following the link below, you will be able to learn and do activities about food chains. https://www.bbc.co.uk/bitesize/topics/zbnbn9q/articles/zwbtxsg In the resources folder, you will find two documents for you to create your own food chains.

Battleships

Home Physical Education

How to play:

- With a partner, each player places three targets (battleships) in front of them.
- Players take turns to throw an object towards their opponent's battleships.
- Each time a battleship is hit, it is removed.
- Players are not allowed to stop the object from hitting a battleship.
- The winner is the first player to hit all of their partner's battleships



Can you play fairly and keep the score?

Can you keep trying even if you miss the target?

Top Tips

Throwing Underarm

Step forwards with one foot, releasing the ball from low to high using your opposite hand

Let's Reflect

What did you learn after each throw to adapt for the next?

How did you keep focused?

60 Second Challenge

Air Balloon

Can you keep trying even if you lose a life?

The Physical Challenge

Can you keep the balloon up in the air for 60 seconds?

If the balloon touches the floor you lose a life. The more lives you lose the lower your score.

#StayHomeStayActive



Equipment

A balloon

If you do not have a balloon, use scrunched up tissue paper or a bag!

Achieve Gold

Lose 0 lives



Achieve Silver

Lose 1 life



Achieve Bronze

Lose 2 lives



- 2 cups of plain flour
- 1 cup of salt
- 1 tablespoon of oil
- half to 1 cup of cold water
- 2 drops of liquid food colouring

Mix the flour and salt then add the water, oil and food colouring. Knead the mixture well, adding a little more flour if the consistency is too wet.