Feeling Safe

Cut out the matching cards and give one set of cards to each group.

Talk

Tell a trusted adult that you don't feel safe and ask them for help.

Say, 'No!" or, 'Stop!'

If you are in a situation where you are being hurt, say, 'No!' or, 'Stop!' and find a safe place to go. Then, tell a trusted adult.

Call 999

If you are in a dangerous situation, call 999 and ask for the police.

Call Childline on 0800 1111

If you feel unsafe, are not sure what to do and just want to talk to someone, you can call Childline.

This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association Programme of Study.