

Helen Sharman

<https://spacecentre.co.uk/blog-post/helen-sharman-britains-first-astronaut/>

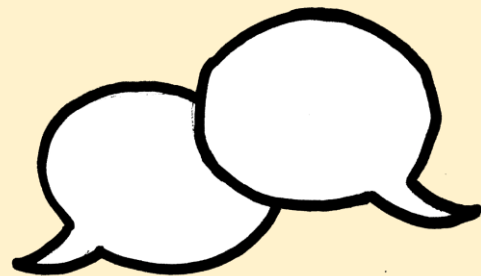
Vocabulary Check

- her **aptitude** for foreign languages
- various **biological** experiments
- easy to do in the **microgravity** of space
- Into Space **gallery**

Quick Start

1. How old was Helen when she rocketed to space?
2. Where did the Soviet Soyuz rocket launch from?
3. What was Helen's former job before becoming an astronaut
4. How did Helen first hear about the vacancy?
5. Name an artefact belonging to Helen and is now displayed in the National Space Centre.

Partnered Talk



On that day she made history by becoming Britain's first astronaut, pre-dating astronaut Tim Peake by 24 years.

Why do you think the texts highlights the fact she was before Tim Peake? What does this suggest about Tim Peake?

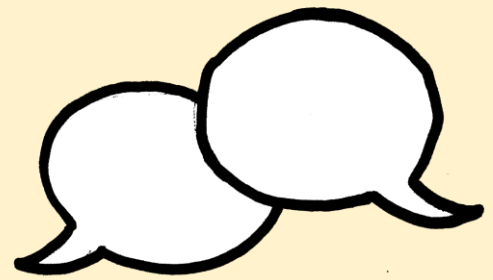
Individual Thinking



After a rigorous 18 months of training, Helen launched on 18 May 1991 and spend eight days on the Mir space station.

What type of word is rigorous? What synonym could you replace it with?

Partnered Talk



Why is it important to document these events and hold artefacts to show others? Think about the impact they have on readers/visitors.

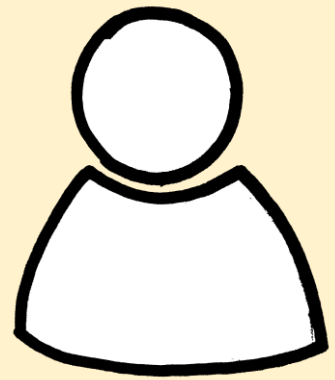
Individual Thinking



One of the crown jewel artefacts at the National Space Centre is Helen's launch couch, which she sat in during her Soyuz trip to and from the Mir space station.

Find and copy a phrase which suggests the importance of the couch.

Solo Work



If you were to go into space, what objects would you take with you and why? Do you think your object is worthy of becoming an artefact in a gallery after your trip?