

Pride



twinkl

Aim

- To say the things about myself that I am proud of.

Success Criteria

- I can explain how important it is to feel proud of my achievements.
- I can identify the difference between being proud and showing off.
- I can reflect on how I can use my achievements to help others.

The Big Questions



What does it mean to have pride in ourselves?

Why should we be proud of our achievements?



Definitions



What do the words pride and proud mean?

Talk to someone about your ideas. Then share your thoughts.

Pride, or feeling proud, means having a feeling of being worthwhile because of something you have done. It is a happy feeling.



Feeling Proud



There are lots of things which can make us feel proud.

When we have achieved something, it is important to feel proud and to recognise the achievement as one of our strengths. Some of the things we achieve we have worked very hard for or shown great dedication to. These strengths and achievements make us the individuals we are and it is very important to be proud of them.



Feeling Proud



Let's look at examples of times when sharing our achievements can help others.

Rohan arrived at school on Monday morning feeling proud. He showed a medal he had got at the weekend for taking part in a fun run to his class. Hannah was interested in this as she wants to be able to run further and feel fitter. Hannah asked Rohan how he became so good at running and he explained that he practised lots and gradually ran further each time. Hannah felt inspired and went for her first run that evening.



How did his achievement help someone else?

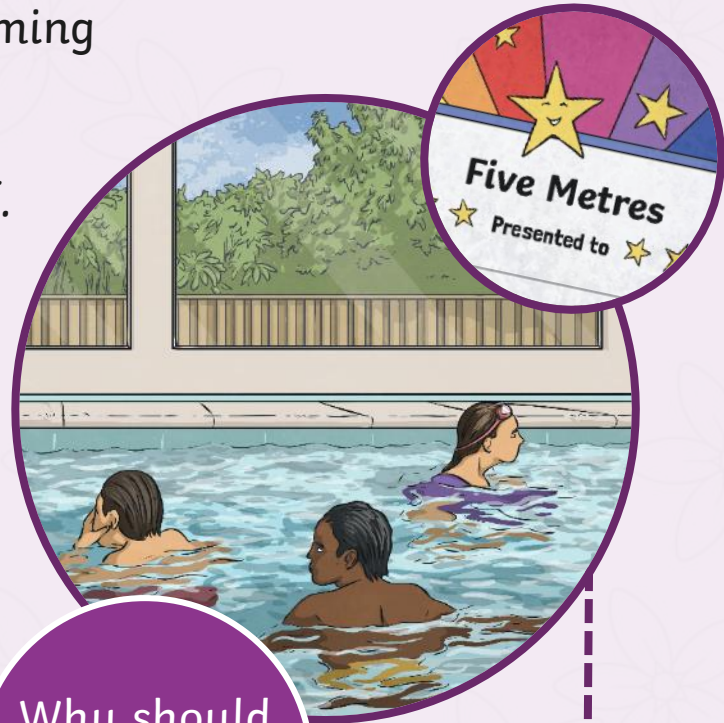
Why should Rohan feel proud?



Feeling Proud

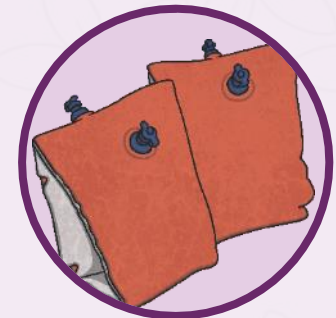


Nikita felt proud. She brought her swimming certificate in to school to share in her whole-school assembly. The certificate was for swimming five metres by herself. Billy still wears armbands and really wants to try swimming by himself. Billy decided to ask Nikita how she became brave enough to try swimming without her armbands. Nikita explained to Billy how she built up her confidence. Billy has now decided he wants to try swimming without his armbands the next time he goes swimming.



How did her achievement help someone else?

Why should Nikita feel proud?



What I Am Proud of



Feeling proud of ourselves is a good thing but it is important to remember we can be proud without showing off.

Showing off is where we deliberately talk about our achievements to make others feel uncomfortable or to make ourselves look better than someone else.

Some of us may find it hard talking about our achievements. This may be because we feel a little shy or would prefer to keep them to ourselves. This is OK too.



What I Am Proud of



What I Am Proud Of

In the centre circle, draw a picture of yourself and then within the trophy write or draw your achievements which make you feel proud.

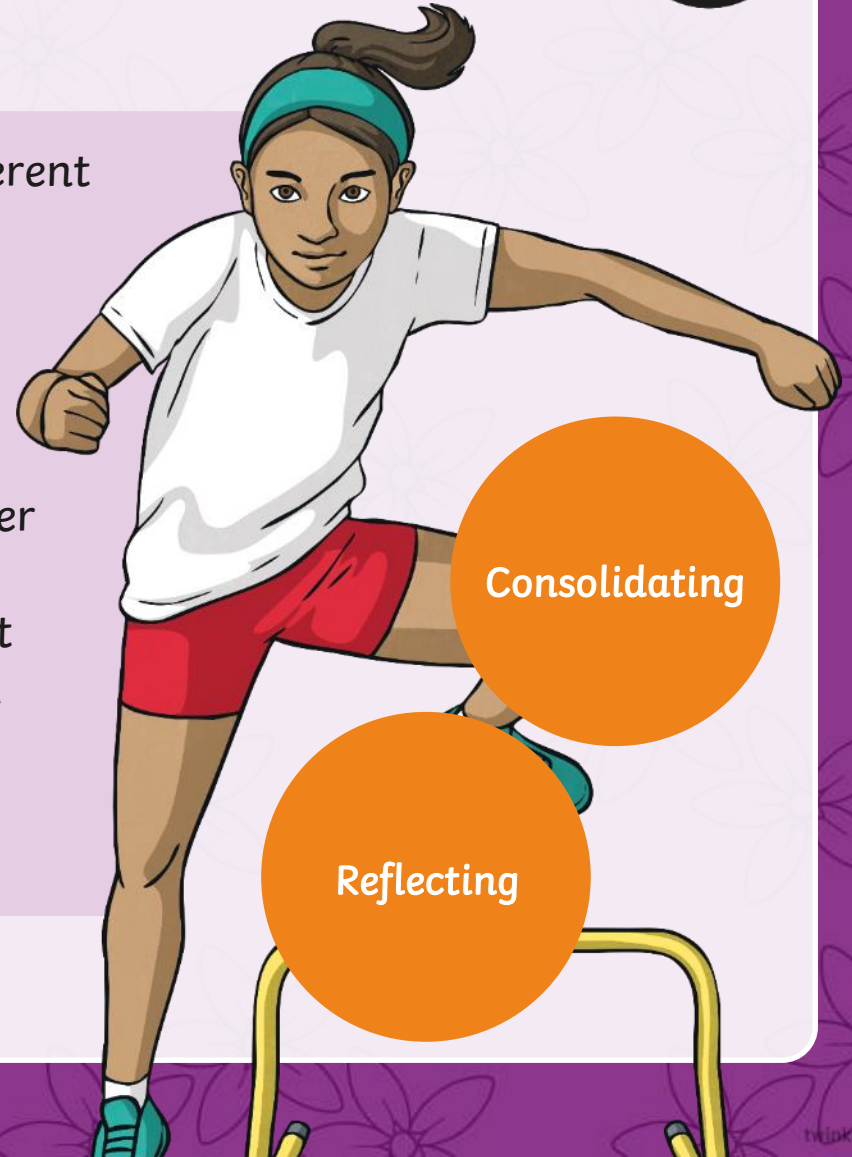


Your task today is to complete the **What I Am Proud of Activity Sheet**. In the centre circle, draw a picture of yourself and then within the trophy write or draw your achievements which make you feel proud.

What I Am Proud of



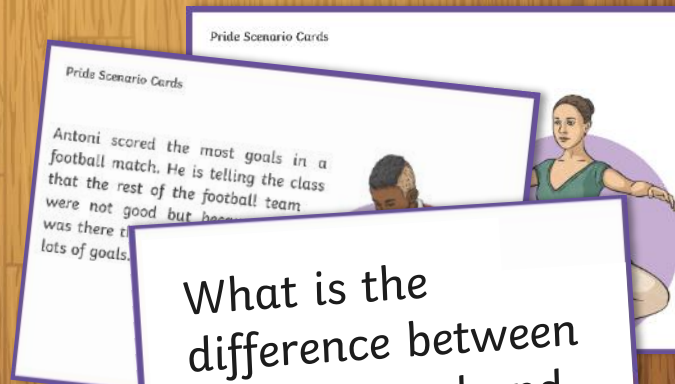
We all achieve and feel proud of different things. What is seen as a simple everyday thing for one person might be an achievement for someone else. For example, one child might find running really easy and might run every day. For someone who has never run before, taking part in a running race would be a huge achievement. It is important we show interest in and respect for everyone's achievements. It is also important we celebrate with others when they feel proud.



Pride Scenarios



In pairs, look through the **Pride Scenario Cards** and sort these into two piles. One pile will be those cards which you think describe someone showing off about their achievements and making others feel sad. The other pile will contain examples of children feeling proud about their achievements and using this to motivate and inspire others.



What is the difference between feeling proud and showing off?

What difference does feeling proud or showing off make to others around us?



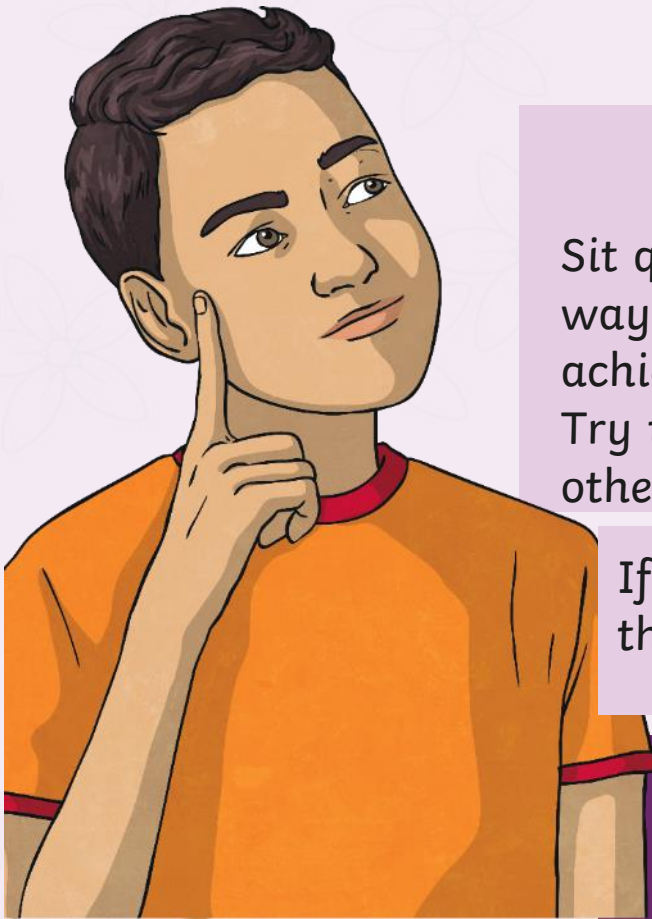
Positive Action



Sit quietly for a moment and think about ways you can use your strengths and achievements (the things you are proud of). Try to make a positive difference to others.

If you feel happy to, please share your thoughts.

We all have things to feel proud of – let's be a class that celebrates all of our achievements!



The Big Questions



What does it mean to have pride in ourselves?

Why should we be proud of our achievements?

How have your answers changed since the beginning of the lesson?

