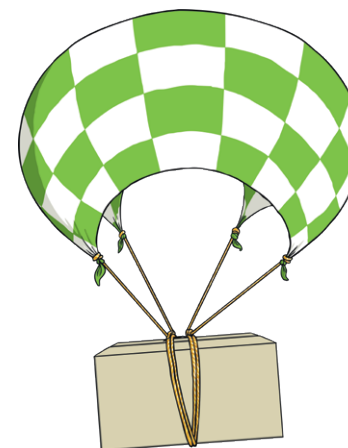


Twenty Minute Boredom Busters



20 Minute Boredom Busters

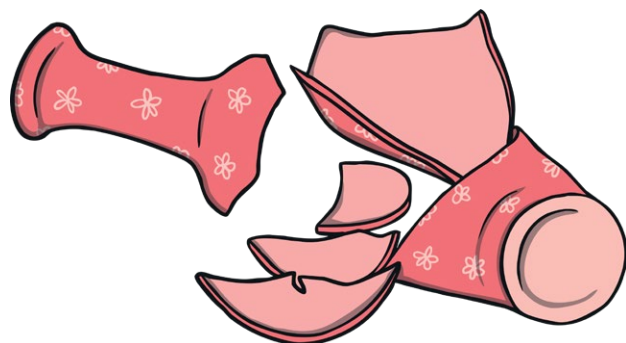
Use a plastic bag, some string and a cup to build a parachute for a toy.



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20 Minute Boredom Busters

Fix something in your house that is broken.



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Set up an obstacle course in your garden.



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Learn the kings and queens of England off by heart.



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Write a diary entry for your day so far.



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Make up a dance routine to your favourite song.



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Complete one level of a computer game.



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Listen to four songs from a genre that you wouldn't usually listen to.



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20 Minute Boredom Busters

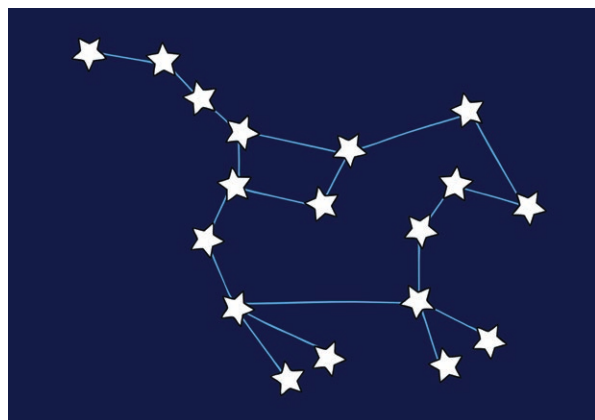
Write a poem about your favourite animal.



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On a clear night, go outside to look at the stars. Draw what you can see.



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Build something out of recycled materials.



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Take five photos on a tablet and create a photo story with them by adding captions.



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Design your own board game.



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20 Minute Boredom Busters

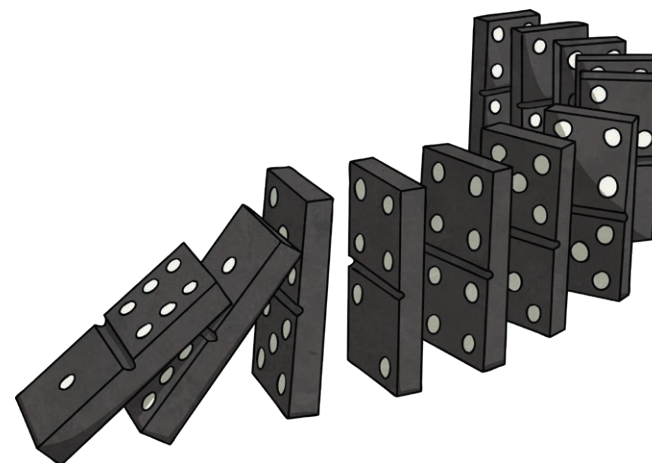
Mix equal amounts of cornflour and water to make slime.



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Set up a domino rally, push the first one and watch them all fall.



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20 Minute Boredom Busters

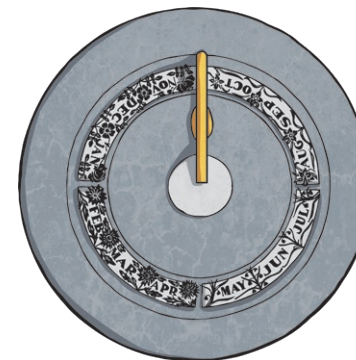
Plan a puppet show to re-enact your favourite story.



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20 Minute Boredom Busters

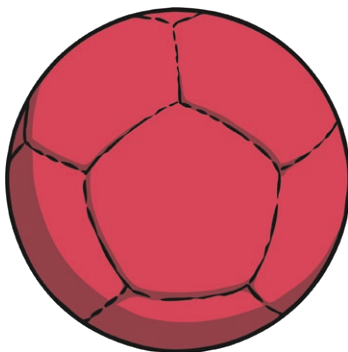
Make your own sundial by creating a circle of pebbles around a stick placed in the ground pointing upwards. See how the position of the sun changes throughout the day.



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Practise the sport skill you have been trying to master: maybe it's keepy-uppys, skipping with a rope or trampolining.



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20 Minute Boredom Busters

Paint a picture of what you can see outside your window.



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Record a video message for a relative.

