

Getting Ready

- April -

I can feel confident when left at school knowing that a familiar adult will collect me at the end of the school day.



Scan the QR Code and watch this video about transitioning to nursery, a childminder or school. You could share this link with families too, this will help them to understand that their worries are normal and that they should approach you with concerns.

Before the child starts, work with the family to find out as much as you can about the child. You might want to use an About Me page, hold open days or individual tours. Where you or the family have concerns, try to set up a meeting to develop a clear transition plan, that meets the needs of each child. Some children may require a more staggered approach or gradual nurturing timetable, whilst others may thrive on the routines of daily sessions. Capturing this information early on means you can plan ahead and consider what support will be needed.



For some children, saying “goodbye” to families will be challenging. Consider using breathing and mindfulness strategies during transition times with these children. **Scan the QR codes** to see some examples. Encourage parents to use these as part of the morning routine to combat worries too.

Children may be excited to explore new environments and resources, but ensure they also have access to the familiar. Allow children to bring in a comfort item or display family photos to help them connect the setting and home. Provide opportunities for parents to join in activities and communicate with the setting. Children could also take borrow bags, story sacks or home learning games with them, to build connections between setting and home further.

